



Useful websites

- <http://www.childnet.com>
This website gives an over arching view of internet safety.
- <http://www.childnet.com/resources/know-it-all-for-parents/kiafp-cd>
This presentation covers all aspects of e-safety; suitable for those with little knowledge of computers.
- <http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/parents-guide-to-technology>
This explains how to set parental controls and suggests conversation starters about the internet.
- <http://www.childnet.com/ufiles/Keeping-Young-Children-Safe-Online.pdf>
Read 'keeping young children safe online' for answers to the 8 most frequently asked questions.
- <http://ceop.police.uk/>
The Child Exploitation and Online Protection Centre works across the UK tackling child sex abuse and providing advice for parents.
- http://www.thinkuknow.co.uk/5_7/
Specific information to help the youngest children stay safe.

E-Safety Guide for Parents



ZIP IT

Keep your personal stuff private and think about what you say and do online.



BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments.



FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.



The internet is an amazing place and a wonderful resource that has helped keep people connected during the pandemic. Our aim is to help make the internet an enjoyable and safe place for children.

Latest Ofcom research has shown that over a third of all 3-4 year olds are now accessing the internet in their homes. At Ladybirds we are always teaching your children how to 'stay safe' and this includes on the internet. Below are some ideas that help you set good habits right from the start.

Activities to encourage e-safety

- Talk to your child about what they like to do online and discuss their online experiences.
- Read stories found on www.childnet.com to your child that talk about how to use the internet appropriately.
- Make a poster with your child about how to stay safe on the internet.
- http://www.thinkuknow.co.uk/5_7/ Provides cartoons to watch together and follow up activities e.g. dot-to-dot, mask making
- Teach your child about Stranger Danger.
- Play an e-safety game with your child, moving around the board, using the safe / unsafe cards and talk to your child about things that they might find on the internet as they pick up each card. (Download from our website).



Top tips for Nursery children

- Keep all equipment that connects to the internet in a family space e.g. lounge not bedroom.
- Set time limits e.g. use an egg timer.
- Use parental controls to limit access to only age appropriate content and to monitor activity on TVs, laptops, tablets, computers, games consoles and mobile phones. Parental controls are not the answer to your child's online safety, but they are a good start.
- Ensure older siblings/adults always close their webpage after use.
- Encourage your child to explore online but ask them what they have been watching/doing. Have they strayed from the initial website you set up for them?
- Tell your child never to give out their name over the internet even on sites that look child friendly.
- Expect your child to let you know if anything scares or worries them when playing on the internet just like in real life.
- Check material before you agree to download it for your child.
- Facebook is for 13 years and over, beware of your child gaining accidental access to it e.g. when playing with your mobile.

