

# Daily Routine



Below is an example of a typical day at Ladybirds Nursery.

**8.00-9.15 a.m. Breakfast Session**

Arrivals and breakfast if required

**9.15 a.m. Kingfisher Care Session begins**

A relaxed care session with lots of opportunities to play outside. Lunch 11.30 followed by a rest.

**9.15 a.m. Start of Educational session**

Registration and welcome. Maths/phonic warm up activity

9.30 a.m. Focus activities (led by staff) interspersed with free play (inside and outside).

10.15a.m. Rolling snack begins (children choose if and when they have snack).

10.45 a.m. Tidy up

10.50 a.m. Plenary

11.00 a.m. Music/Physical play/Computer and library group time

11.20 a.m. Go for a walk in Park or immediate locality

12.00 p.m. Return & Review the morning's activities

12.05 p.m. Story/Singing/Rhymes/

12.15 p.m. Parents/Carers collect children from main teaching room

**12.15 - 1p.m. Lunch Session**

**1.00 p.m. Start of fun focused session**

Registration and welcome.

1.10 p.m. Older children join our Preschool children in the Kingfisher room.

Children are encouraged to join in focused activities planned by the staff.

Throughout this session your child will be able to play with age appropriate equipment both inside and outside and socialise with their peers.

1.30 p.m. Rolling snack begins (children choose if and when they have snack).

2.10 p.m. Tidy up.

Story/Singing/Rhymes and discussing the destination of their walk.

Nappy changing (or sooner if necessary)/encouraging toileting

2.30 p.m. Go out for walks to explore the environment within Highfield Park

3.20 p.m. Return into the Kingfisher room for songs/ stories

3.35 p.m. Parents/Carers collect children from main teaching room

**3.35 - 6 p.m. Teatime Care Session**

A chance to relax, play with friends, watch some television, and eat a snack/hot tea.

